



Perineum wash 會陰沖洗(英文)

Perineum wash

1. Advantage

- (1) helps clean other private parts, remove peculiar smell, promote comfort, and prevent infection;
- (2) Helps promote wound healing;
- (3) Carefully self-observe lochia changes and vaginal secretions after surgery.

2. Timing for executing perineum wash

- (1) within 6 hours after the childbirth; once urinate, execute perineum flush immediately;
- (2) after the childbirth; once urinate, execute perineum flush immediately;
- (3) During patients' hospitalization, our medical staff carries out perineum flushing to observe the condition of patients' wound.

3. Items necessary for the procedure

- (1) Wash pot.
- (2) 41-43 °C warm water.
- (3) Clean diaper or under pad.
- (4) Bedpan.
- (5) several packs of cotton bar.

Steps

1. Wash hands.
2. To protect patients' privacy, have them lie down facing up and knees bend up to their chest.
3. Put some warm water in the wash pot.
4. To prevent wet sheets, place a buttock cushion, diaper, or bedpan underneath the patient.
5. Hold the wash pot in one hand and cotton bars in another hand; wash the private part slightly above the perineum with warm water. Separate the labia and clean urethra and vagina area.

若有任何疑問，請不吝與我們聯絡
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